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Service (sector) Cataract N° CEP

**Comparison of energy required in stop and chop and nuclear preslice techniques.**

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Purpose: To evaluate the differences in phaco time , phaco power and effective phaco time required in stop & chop and nuclear preslice techniques. Methods: A prospective randomized study of 44 patients divided into 2 groups, comparing the stop & chop with nuclear preslice techniques, in terms of phaco time (minutes), phaco power (%), effective phaco time (calculated time required if 100% power had been used throughout). Results: The results showed that nuclear preslice requires significantly less phaco time ( $0.25 \pm 0.16$  minutes ) than stop & chop ( $0.40 \pm 0.11$  minutes) ( $P < .001$ ), less phaco power ( $7.1\% \pm 2.8\%$  versus  $12.9\% \pm 2.4\%$ )( $P < .001$ ), and less effective phaco time ( $0.02 \pm 0.01$  versus  $0.05 \pm 0.02$  minutes) ( $P < .001$ ). Conclusions: This study showed a significant advantage of the nuclear preslice over the stop and chop technique in phaco power , phaco time and effective phaco time.