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Service (sector) Neuro-Ophthalmology N° CEP

RELATIONSHIP BETWEEN EMOTIONAL STATE AND SELF-IMMUNE EXOPHTHALMOS

Nara Lúcia Poli Botelho José Vital Filho Purpose: To emphasize the antecedent emotional disturbances in the history of auto-immune exophthalmos manifestations, demonstrating the importance of a multidisciplinary approach to the patient and to show psychotherapy as a coadjutant possibility to the treatment. Material and Methods: Three outcome patients from Orbit Section at Santa Casa Hospital, one man and 2 women, diagnosed as auto-immune exophthalmos in a period up to 2 years. They underwent a psychological evaluation, including questions on personal and family history, social environment, current disease history and its implications. This included the disease's antecedent emotional disturbances and its effect on the emotional state of those patient. Results: The patients all had a history of a significant strong emotional disturbance as a result of the disease manifestation. Conclusion: Those patients demonstrate a pattern of having restored to each other to similar emotional experiences, reacting to the emotional disturbance of auto -immune exopthalmos. In this manner, Medicine should not just be looked at the morphologic field, but also for the psychic processes which occur in the body. Medicine doesn't fail in the action possibilities, but in the lack of a philosophical basis, which considers the existence of an abstract part composing all human beings.