

R1 R2 R3 PG0 PG1 Estagiário Tecnólogo
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Service (sector) Glaucoma N° CEP

Informative meeting's implementation and psychological orientation cost/benefit to glaucoma patients.

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Purpose: To assess the cost/benefit of informative meeting's implementation and psychological orientation to subjects with glaucoma. Methods: It was done a prospective study, masked and controlled, in which the proposed intervention was medical orientation during informative meetings. Thirty seven subjects were randomly selected to the control group and 39 to the study group. All patients were submitted to applanation tonometry and computerized campimetry. Each group subject took part at only one meeting and after six months submitted to new examinations. Results: At the present study, in relation to scholastic level, there were found 21,1 % of illiterates and 47,4 % which had incomplete elementary school. There was also significant expression of subjects who presented gains up to three minimal wages (Brazil), where we found 50,7 %. We can present that intraocular pressure measurement decreased, but with no statistical importance, independently of the group the subject was located, and none of the analyzed groups showed significant variation concerning Mean Deviation (MD), no matter in which group they were. Conclusion: informative meeting as intervention didn't show to be effective as a matter of a better pressoric control or at the campimetric stability during the six-month period.