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Quality of Life and Self-Steem in Graves Ophthalmopathy Clinical Treatment: a 12 months follow-up

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Purpose: To evaluate quality of life and self-steem in Graves Ophthalmopathy clinical treatment in a follow-up of 12 months. **Methods:** The General Quality of Life Questionnaire SF-36 and the Rosenberg's Scale of Self-Steem are applied in adult patients (mean age=39.8), both genders, diagnosed with Graves Ophthalmopathy and submitted to a clinical treatment (medicine or radiotherapy) in four different times: at the time of diagnoses, 03, 06 and 12 months later. **Results:** The study has being done yet. Partial datas (n=5) from 1st evaluation yielded the following outcomes: functional skills (mean = 58); physical impairment (mean = 40); pain (mean = 39); general health (mean = 66); vitality (mean = 55); social activities (mean = 50); emotional impairment (mean = 100); mental health (mean = 56) and self-steem (mean = 27). Three months later datas (n=5) yielded the following ones: functional skills (mean = 73); physical impairment (mean = 60); pain (mean = 47); general health (mean = 54); vitality (mean = 43); social activities (mean = 58); emotional impairment (mean = 50); mental health (mean = 57) and self-steem (mean = 27). **Conclusion:** It has being noticed that the emotional expectation, symptoms and clinical signs severity are contributing to the variability of the results during the following-up period of treatment.