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Service (sector) Ocular Ultrasound Nº CEP

OCULAR BIOMETRY, REFRACTIVE ERROR AND RELATIONSHIP WITH BODY HEIGHT, AGE, GENDER AND YEARS OF FORMAL EDUCATION IN BRAZILIAN ADULTS

Pereira G C, Allemann N ABSTRACT PURPOSE: To determine the ocular dimensions and the refractive error in adult patients and assess possible correlation with height, age, gender and years of formal education. **MATERIAL AND METHODS:** Fulfilling the inclusion criteria, 173 participants were recruited from the Secondary Reference Centre in Ophthalmology (CERESO). Measurements were undertaken in the following order: keratometry, tonometry, autorefraction, subjective refraction, biomicroscopy, measurement of body height, A-scan biometry, cycloplegic refraction and indirect ophthalmoscopy. RESULTS: According to a regression model, a person 10 cm taller would have the following measurements: axial length 0.32 mm longer, anterior chamber depht 0.07 mm deeper, vitreous chamber 0.26 deeper. With regards to age, a person 10 years older was more likely to have the anterior chamber depth 0.15 mm shallower, for a lens 0.25 mm thicker, vitreous chamber 0.21 mm shallower and the spherical equivalent 0.19 D more positive. With regards to education, a person with additional 10 years of formal education can be expected to present spherical equivalent 0.56 D more negative. **CONCLUSIONS:** This study suggests that, in adults: taller persons were more likely to have longer ocular axial length, deeper anterior chamber, longer vitreous chamber depth and flatter keratometry values; older persons tended to have shallower anterior chamber depth, thicker lens, shallower vitreous chamber depth and more positive refraction spherical equivalent; and persons with more years of formal education could be expected to present more negative refractive spherical equivalent.